

Beulah Elementary School's

Homework & Study Skills Help

September 16, 2020

10:30 am & 6:00 pm

Common questions:

What does my child have for homework?

How can I help my child be successful in their work?

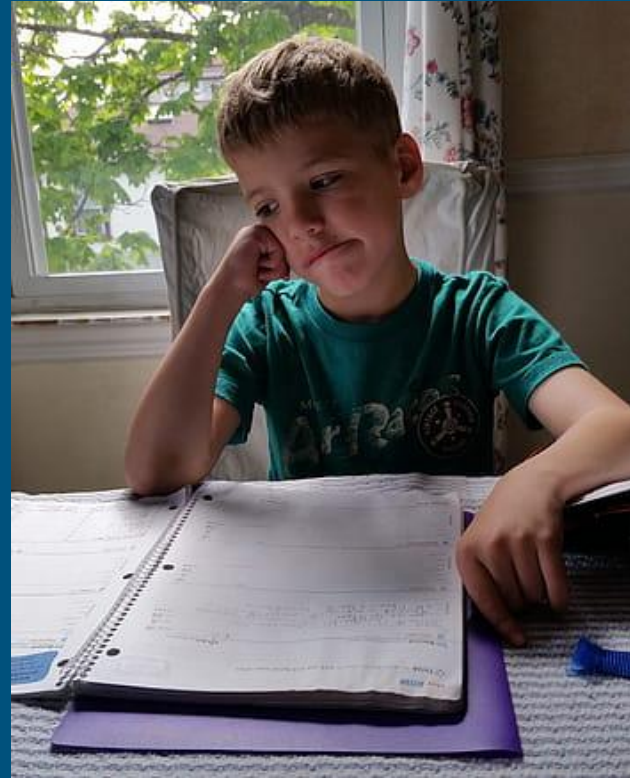


Common questions:

Why is homework time so stressful?

Does homework have to be such a struggle?

Why is it so difficult to get ready for school in the morning?



We have some suggestions to help!

We will start with:

Routines,

Habits

&

Skills

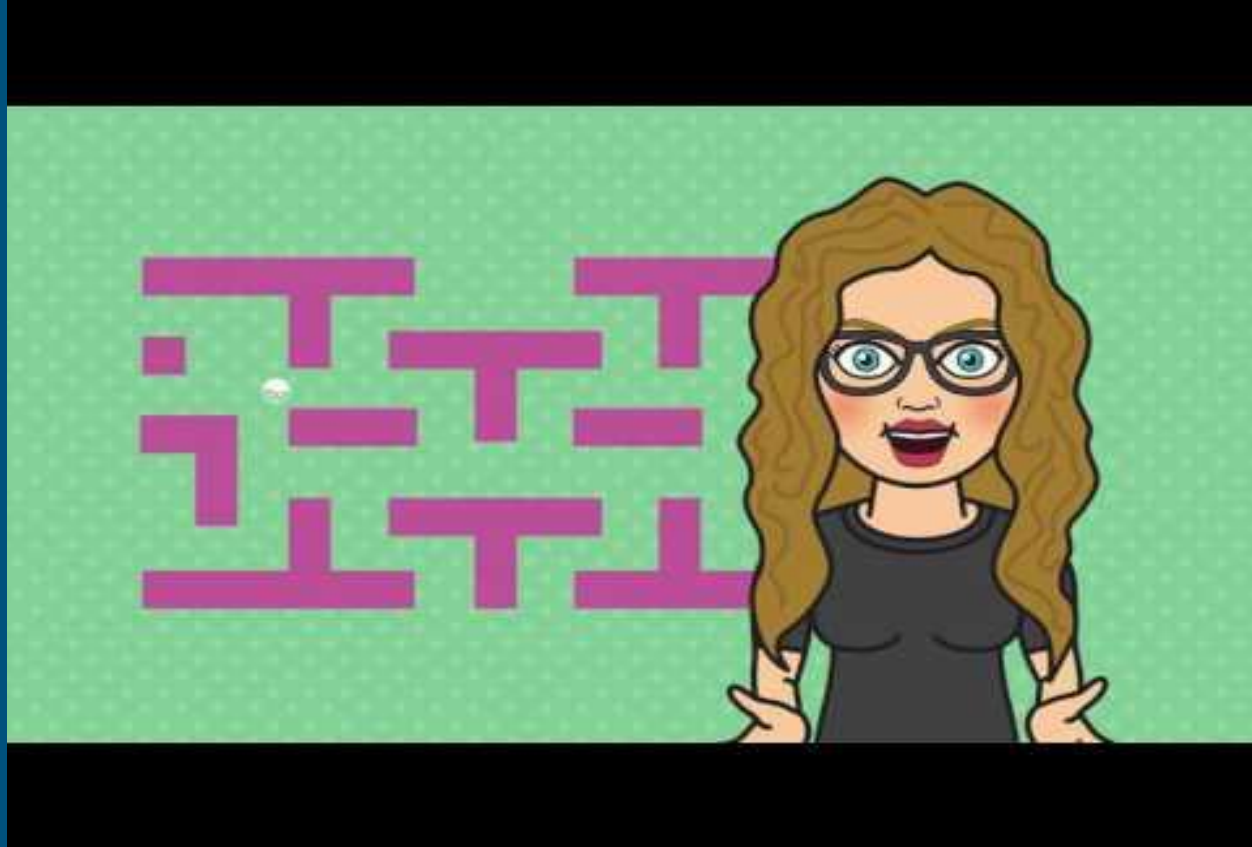
Start with setting **routines**:

Our young learners thrive under **routine** because they know what to **expect**.

Step 1: Have your child pull out all their school papers (or agenda/AVID binder) and put them in a designated area for you to look over and sign (if needed). Then put the signed papers/info back in the backpack.



Why does a routine matter?



Routines:

Step 2: Plan a schedule together and write it down.

Does your child play sports, music, or have other activities?

Plan your routine around those. Allow for a snack and play time before starting homework (no more than 30 minutes), but also give reminders. Say something like, “You can play for 15 more minutes, then it’s homework time.”

Routines:

Step 3: Spend smaller amounts of time on longer assignments more often. (Chunking)

Big STEM project? Work a little each day (15 minutes).

Reading Packet? Answer a few questions a day (20 minutes).

*Set a timer and work for the whole time. *



Habits

Have a work area that is not also a play area.




Have paper, pencils, crayons, scissors nearby.

Turn off the TV / video games.

Help your child understand directions, but don't give them the answers (reading aloud or emphasizing instructional words is a great method).

Stick to the routine. Even if there is no written homework (on paper), your child should be reading every night for at least 20 minutes and practicing their math facts

WHY READ 20 MINUTES AT HOME?

Student A Reads	Student B Reads	Student C Reads
❖ 20 minutes per day.	❖ 5 minutes per day.	❖ 1 minute per day
❖ 3,600 minutes per school year.	❖ 900 minutes per school year.	❖ 180 minutes per school year.
❖ 1,800,000 words per year.	❖ 282,000 words per year.	❖ 8,000 words per year.
		
❖ Scores in the 90 th percentile on standardized tests.	❖ Scores in the 50 th percentile on standardized tests.	❖ Scores in the 10 th percentile on standardized tests.

If they start reading for 20 minutes per night in Kindergarten, by the end of 6th grade, Student A will have read for the equivalent of 60 school days, Student B will have read for 12 schooldays, and Student C will have read for 3.

(Soy and Herman, 1987.)

WANT TO BE A BETTER READER? SIMPLY READ.

Studying Reading Skills

For our Kindergarten through second grade students:

Sight words are very important.

Practice in the store, at the ball field, in the car, and around the house.

See [Sight Word Help](#) for additional strategies.

Studying Reading Skills

Find a quiet place to read

Set aside a specific time everyday to read
(after showers, before dinner, etc)

Read 20-30 minutes.

Have your child read to a family member,
pet, or stuffed animal.



Studying Reading Skills

Read aloud to your child and listen to audio books - books above reading level build vocabulary and listening comprehension.

This is great for those car rides to the ball fields or while sitting in traffic on the way home from the grocery store.

Ask your child questions and talk about the book. Ask open end questions that begin with “Why do you think...” Talk about the characters, where the story took place, and the BIG things that happened.

Reading Tools

- **MyOn** is a digital library that is on the student portal.
- **Classworks** is on the student portal and it helps with Reading and Language Arts.
- **Lexia Core 5** is an adaptive program specialized for English Language Learners that helps with phonological skills, fluency, and vocabulary.
- **Epic!** Is the “NetFlix” of books used many teachers. If you need help, reach out to your child’s teacher to access at home.

Math Skills

Basic Math Facts

- **Xtramath** is a free program used by many teachers.
- **Freckle** is another free program used by teachers and it's on your child's student portal.
- Flash cards
- Family member quizzes your child in car or while waiting in line at a store.

Studying Math Skills

- Classworks is on the student portal and it helps with specific math skills.
- Another option is to talk about how you use math in everyday situations, such as when you are counting items at house or in store, estimating the total cost of your groceries, paying with and identifying coins, cash bills, and their values, and also determining the time of day on an analog clock.



— Family & Teacher Communication

Keep lines of communication open with your child's teachers

Use Remind app or other forms, such as ClassDojo, notes, email

If you have questions about homework, school work or technology feel free to reach out to your child's teacher for assistance.

Beulah's Parent Resource Center (PRC)

The Parent Resource Center is open Monday - Thursday 8:00 am - 3:00 pm.

Contact the front office to visit it and check out materials.

There are many resources, games and activities you can borrow to use at home with your child.

Homework Tips & Study Skills Websites

Top Ten Homework Tips

<https://kidshealth.org/en/parents/homework.html?view=ptr&WT.ac=p-ptr>

How Parents Can Help With Homework (Without Taking Over)

<https://www.scholastic.com/parents/family-life/parent-child/homework-help-parents.html>

31 Study Skills for Elementary Students That Make the Learning Stick

<https://elementaryassessments.com/list-of-study-skills-for-elementary-students/>